



# Camp Wabanna

## Camper Health Form

Mail this form to the address below  
**Camp Wabanna**  
101 Likes Road  
Edgewater, MD 21037

Camper Name: \_\_\_\_\_  
First Middle Last

Male Female Birth Date \_\_\_\_\_ Age on arrival at camp: \_\_\_\_\_

Please circle the session(s) your camper is attending: Day Camp Residential Camp  
Week 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Week 8 Week 9

**To Parent(s)/Guardian(s): Please follow the instructions below. Attach additional information if needed.**

1) Complete pages 1 and 2 of this form and **make a copy**.

2) Send the **original CAMPER HEALTH FORM** to camp by the requested date.

Camper Home Address: \_\_\_\_\_  
Street Address City State Zip Code

Parent/guardian with legal custody to be contacted in case of illness or injury:

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Preferred Phones: (\_\_\_\_\_) (\_\_\_\_\_) \_\_\_\_\_

Second parent/guardian contact:

Name: \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Preferred Phones: (\_\_\_\_\_) (\_\_\_\_\_) \_\_\_\_\_

Two additional contacts in event parent(s)/guardian(s) cannot be reached:

1) Name(s): \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Preferred Phones: (\_\_\_\_\_) (\_\_\_\_\_) \_\_\_\_\_

2) Name(s): \_\_\_\_\_ Relationship to Camper: \_\_\_\_\_ Preferred Phones: (\_\_\_\_\_) (\_\_\_\_\_) \_\_\_\_\_

Health-Care Providers:

Name of camper's primary doctor: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

**Allergies:** No known allergies. This camper is allergic to: Food Medicine The environment (insect stings, hay fever, etc.) Other  
*(Please describe below what the camper is allergic to and the reaction seen.)*

**Immunization History:** Provide the month and year for each immunization. Starred (★) immunizations must be current. Copies of immunization forms from health-care providers or state or local government are acceptable; please attach to this form.

	Dose 1 Month/Year	Dose 2 Month/Year	Dose 3 Month/Year	Dose 4 Month/Year	Dose 5 Month/Year	Most Recent Dose Month/Year
Diphtheria, tetanus, pertussis★ (DTaP) or (TdaP)						
Tetanus booster★ (dT) or (TdaP)						
Mumps, measles, rubella★ (MMR)						
Polio★ (IPV)						
Haemophilus influenzae type B (HIB)						
Pneumococcal (PCV)						
Hepatitis B						
Hepatitis A						
Varicella Had chicken pox (chicken pox) Date:						
Meningococcal meningitis (MCV4)						

Tuberculosis (TB) test Date: \_\_\_\_\_ Negative Positive

**If your camper has not been fully immunized, please sign the following statement:** I understand and accept the risk to my child from not being fully immunized.

Signature of Custodial

Relationship

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ to camper: \_\_\_\_\_

**Medication:**

This camper will not take any daily medications while attending camp.

This camper will take the following daily medication(s) while at camp:

"Medication" is any substance a person takes to maintain and/or improve their health. This includes vitamins & natural remedies. ***Please review camp instructions about required packaging/containers. Maryland requires original pharmacy containers with labels which show the camper's name and how the medication should be given. Provide enough of each medication to last the entire time the camper will be at camp.***

Name of Medication	Date started	Reason for taking it	When it is given	Amount or dose given	How it is given
			oBreakfast oLunch oDinner oBedtime oOther time:		
			oBreakfast oLunch oDinner oBedtime oOther time:		
			oBreakfast oLunch oDinner oBedtime oOther time:		

The following non-prescription medications may be stocked in the camp Health Center and are used on an as needed basis to manage illness and injury. ***Cross out those the camper should not be given.***

- |   |   |
|---|---|
| Acetaminophen (Tylenol)                                   | Ibuprofen (Advil, Motrin)                                     |
| Phenylephrine decongestant (Sudafed PE)                   | Pseudoephedrine decongestant (Sudafed)                        |
| Antihistamine/allergy medicine                            | Guaifenesin cough syrup (Robitussin)                          |
| Diphenhydramine antihistamine/allergy medicine (Benadryl) | Dextromethorphan cough syrup (Robitussin DM)                  |
| Sore throat spray   | Generic cough drops   |
| Calamine lotion   | Aloe  |
| Laxatives for constipation (Ex-Lax)                       | Bismuth subsalicylate for diarrhea (Kaopectate, Pepto-Bismol) |

**General Health History: Check "Yes" or "No" for each statement. Explain "Yes" answers below.**

Has/does the camper:

- |  |     |    |  |     |    |
|--|-----|----|--|-----|----|
| 1. Passed out/had chest pain during exercise?..... | Yes | No | 6. Had seizures? .....                                   | Yes | No |
| 2. Had a recent infectious disease? .....          | Yes | No | 7. Have any skin problems?.....                          | Yes | No |
| 3. Had a recent injury? .....                      | Yes | No | 8. Have problems with falling asleep/sleepwalking? ..... | Yes | No |
| 4. Had asthma/wheezing/shortness of breath?.....   | Yes | No | 9. Have problems with diarrhea/constipation?.....        | Yes | No |
| 5. Have diabetes? .....                            | Yes | No | 10. Wear glasses, contacts, or protective eyewear?.....  | Yes | No |
- Please explain "Yes" answers in the space below,*** noting the number of the questions.

**Mental, Emotional, and Social Health: Check "Yes" or "No" for each statement.**

Has the camper:

- |  |     |    |
|--|-----|----|
| 1. Ever been treated for attention deficit disorder (ADD) or attention deficit/hyperactivity disorder (AD/HD)? ..... | Yes | No |
| 2. Ever been treated for emotional or behavioral difficulties or an eating disorder?.....                            | Yes | No |
| 3. During the past 12 months, seen a professional to address mental/emotional health concerns?.....                  | Yes | No |
- Please explain "Yes" answers in the space below,*** noting the number of the questions. The camp may contact you for additional information.

***What Have We Forgotten to Ask? Please provide in the space below*** any additional information about the camper's health that you think important or that may affect the camper's ability to fully participate in the camp program. ***Attach additional information if needed.***

TO THE BEST OF MY KNOWLEDGE, THE INFORMATION GIVEN ON THESE TWO PAGES IS COMPLETE AND ACCURATE.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_